The Porter County Sheriff's Office



&
The FOP Lodge #165

Present the 16th Annual

Foot Pursuit 5K

Run & Walk at Sunset Hill County Park

Saturday, March 6, 2021 Race Start Times begin at 9:00 am and every 10 minutes (Choose at sign up)

Race Day Registration/Check-In
7:30 am until 8:45 am

Vi si t us online @ www.portercountysheriff.com/foot-pursuit-5k or find us on Facebook!

16th Annual Foot Pursuit 5k Run & Walk Saturday, March 6, 2021

Race starting times beginning at 9:00 a.m. and every 10 minutes Registration 7:30-8:45 a.m.

Distance:

3.1 Mile Run / Walk---All Trail

Course:

Sunset Hill County Park 775 N Meridian Rd, Valparaiso

Challenging wooded trail run with rolling hills, unpredictable weather, and fun times!

2021 XYZ Trail Series Race USA Track & Field Sanctioned Event

Age group categories:

Male / Female: 0-11, 12-14, 15-19, 20-24 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

Awards:

T-shirts guaranteed to all **competitors registered before February 22**. Race shirts for those registering on or after February 22, and on race day, will be first come first served. Race awards to both overall male and female winners. First three finishers in each age group (male/female) will receive awards.

Awards will be available for pick up at the Extra Mile Fitness Co., 1330 E. Lincolnway, Valparaiso, IN at noon on race day and during regular business hours for two weeks.

Registration: (Online only)

This year's registration will include starting times every 10 minutes to allow for social distancing. You will pick your start time when you sign up.

www.thtiming.com \$15.00 No Shirt Option (no xyz discount) \$20.00 BEFORE February 22, 2020 \$25.00 On or After February 22 (online only) \$25.00 Day of Race \$2.00 Discount for XYZ participants

<u>Police / Fire / Criminal Justice</u> <u>Challenge:</u>

In addition to the open race, there will be a Police/ Fire/ Criminal Justice Challenge. The Challenge takes the top three finishers from their department, combines their finishing places, and uses the total to compete against other departments. Winning department receives bragging rights and a traveling trophy. This also applies to the High School Criminal Justice Programs in Indiana that will be competing against each other. Departments eligible include any department related to Police, Fire and Public Service. (Final determination of qualification goes to the Race Director, runners must work for or be retired from the department they represent.)

Amenities:

One water station (if allowed), Age group and overall awards.

In the past we have always had a great after race party with plenty of food. Due to the state of the pandemic, the constantly changing rules, we will do the best we can to maintain this same level while keeping participants safe.

Early packet pick up available at The Extra Mile Fitness Company on Friday, March 5

Online Registration ONLY at Thtiming.com -available until 7:00 pm on Thursday, March 5

For questions and information contact:

Portercountysheriff.com/foot-pursuit-5k

Daniel Alonzo – telephone: 219-299-0184

Footpursuit5k@mail.com

The Timothy Hecht Scholarship Fund

On February 11, 1999, Patrolman Timothy Hecht suffered a fatal heart attack during a training session for the Porter County Sheriff's Department Emergency Response Team. He and other officers were testing to be placed on the new assignment. Patrolman Hecht had served with the Porter County Sheriff's Department for eight years.

The Timothy Hecht Scholarship Fund is solely funded by proceeds from the Foot Pursuit 5k, which is given every year to several students pursuing a degree in the field of Law Enforcement.



Porter County FOP #165

